



Girls Development Player League Overview

We are pleased to accept our entry into the US Development Player league whose sole purpose is the development and showcasing of each individual player. The league consists of the top clubs in country with full US Development Academy teams and a few selected members clubs admitted on their club history into the league. **Our restructured mission has a singular focus: Helping Each Player move on to the next level!!!**

We look forward to the opportunities that the league brings for our players including:

- Playing against the nations top level competition.
- Playing alongside full US Development Academy competition in league and showcases.
- Showcasing our players in front of National Team Staff in league and showcase events.
- No conflict DPL games during High School Seasons.
- 8 Conference games Home/Away format vs. Tophat, FC Virginia, Weston FC, Palm Beach Gardens for U15-U19. (4 additional Home or Away vs. those clubs for U13-U14 age groups in spring)
- 3 Crossover games at showcase events vs. Lonestar, FC Dallas, Solar, Dallas Texans, Houston Dash
- 3 Crossover games vs. the California DPL.
- Substitution rules that favor player growth
- Goalkeeper exemption to allow GKs to play multiple teams a day if needed based on rosters available.
- Minimum match day standards that favor the professional environment.
- MAXIMUM exposure to National Team Coaches and College Coaches from around the country and locally.

Additional League and Showcase Events

The 2 league showcase/crossover events ***included*** as part of the league play will be –

Atlanta, GA	Labor Day Weekend	Hosted by Tophat Soccer Club
Dallas, TX	Columbus Day Weekend	Hosted by FC Dallas

We will also continue to have ***opportunities*** to play in our traditional showcases including –

CASL College Showcase	November	North Carolina
Disney College Showcase	January	Florida
Jefferson Cup Showcase	March	Virginia

As a DPL member we also have the ***opportunity*** for our teams to play in any of the following National Showcase events –

Silverlakes Showcase	November	California
Lonestar Showcase	February	Texas
Presidents Day Development Academy Showcase	February	Texas
Las Vegas Players Choice Showcase	March	Nevada
Girls International Showcase	April	Texas

****We will determine any additional showcase events from the above after the league schedule is complete.**

Girls Development Player League Training Program

As part of our acceptance into the US Development Player League we will be restructuring our player development training program, focus, and goals. Our coaching staff and club will be providing full support for each individual player accepted into our girls DPL teams to improve and show measured gains physically, technically, tactically, and mentally.

Our players will continue to have the opportunity to train 4 days a week but we will be refocusing the sessions to focus more on the individual growth and advancement.

Mondays or Tuesdays depending on previous weekends match play will be set up as –

Session 1 Focus: Speed, Agility, Quickness, Core, Strength training

Session 2 Focus: Totally individual focus on technique development needs

Wednesday sessions will be totally focused on small sided play and decision making where multiple coaches will work with different group needs including the back 5, the midfield 3, and front 3 players.

Thursday sessions will be focused on larger group tactics and match day preparation.

***The top 3-4 players in each age group will also be encouraged to train with our top level boys teams each week during the Monday through Wednesday session times.*

Individual Player Tracking

Each player in our DPL program will be tracked throughout the year and graded on 13+ categories on a monthly basis. Player reports will be provided to the players each month. Players and coaches will identify and set development goals based on each individual need. Those needs will be addressed in each of the early week technical sessions. **The TOTAL FOCUS of the DPL Training Environment is for each players advancement!!!**

Advancement Advisement Sessions

Each Player will sit down with the program director and coaches to reflect, assess, and identify their goals in the game and beyond. Coaches will advise players on potential for National Team/Pool advancement. Coaches will advise, instruct, and guide players should their desire be to play collegiately. College advisement sessions will include assessing and identifying the players potential, identifying potential college programs for the players, and encouraging the communication between the college coach and the player. Sessions will include a summer/preseason meeting, during season tracking, and out of season development checks.

US Soccer Training Centers and ID Events

As part of our clubs affiliation with the US Development Player league we will send up to 3 players per age group to the US National Training Centers to work with US Soccer National Staff to identify players for our US Soccer National Pools. We will continue to recommend up to 5 players to the ID2 National Training Camps in the coming year as well. Our goal here is for our best to showcase and train with the best!

Travel Arrangements for the Development Player League

Our away league travel will include –

Atlanta, GA	vs. Tophat Soccer Club	League Game	1 night stay
Atlanta, GA	vs. Texas Conf.	League/Showcase	3 night stay
Fredericksburg, VA	vs. FC Virginia	League Game + Friendly game	2 night stay
Palm Beach, FL	vs. Weston & Palm Beach	League Games	2 night stay
Dallas, TX	vs. California/Texas Conf.	League/Showcase	3 night stay

For our away games in Atlanta, Fredericksburg, and Palm Beach we will be chartering busses to minimize the travel cost per player. Meals will be pre-arranged and cost limited. All downtime will be monitored and

structured. For our away showcase games in Dallas, TX our players will fly direct. All away league travel will allow players to be booked 3-4 to a room to eliminate cost. Coaches and Chaperones will provide and monitor a detailed itinerary for each trip. Interested Parents are encouraged to attend, to chaperone, and travel will not be restricted to the above based on family need. We want this to be as family and player friendly and also as professional as possible. We want this to be as cost friendly as possible and will make every effort possible to do so. We don't want cost to stop any player from being able to participate with us in this league.